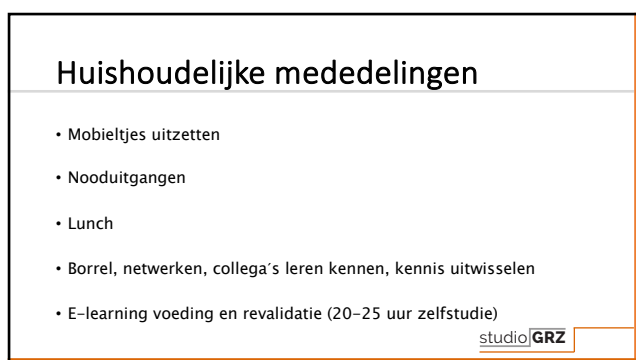




1



2



3



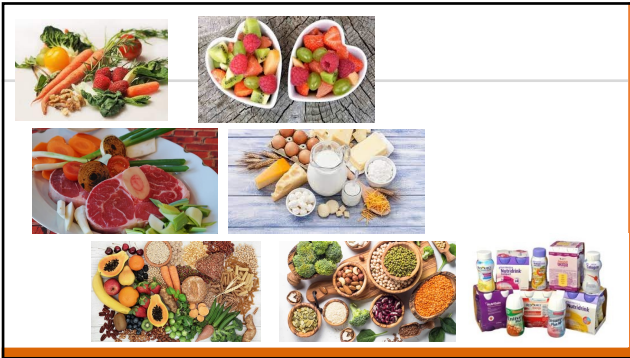
4



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Veel plezier vandaag!!



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Sarcopenie intergain:

<https://www.youtube.com/watch?v=fwpywff-uOc&t=107s>

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